

Creating Silver Linings

Cooking Measurement Equivalents

Milliliters	Teaspoons	Tablespoons	Cups
5	1		
15	3	1	
	6	2	1/8
	9	3	
	12	4	1/4
	15	5	
	16		1/3
	18	6	
	21	7	
	24	8	1/2
	27	9	
	30	10	
	32		2/3
	33	11	
	36	12	3/4
	39	13	
	42	14	
	45	15	
237	48	16	1

